

Oklahoma Age Group Championships

Warm-up Assignments

Friday Timed Finals

Open Warm-up 4:30PM-5:10PM. Meet starts at 5:30PM.

*Sprints 5:10PM-5:25PM. (1/8 pace; 2,4,5,7 starts/sprints; 3/6 swim back)

Saturday Prelims

Warm-up Session 7:30AM-8:10AM. Meet starts at 8:30AM.

Competition Pool Assignments							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
EAT	EAT	SSC	SSC	JTSC	JTSC	CPSC	CPSC
Lap Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
GASC/PSST	ST/WW	ST	ST	TS	CSC	CSC	CSC

*Sprints 8:10AM-8:25AM. (1/8 pace; 2, 4, 5, and 7 starts/sprints; 3/6 swim back)

Saturday Finals

Open Warm-up 4:30PM-5:10PM. Meet starts at 5:30PM.

*Sprints 5:10PM-5:25PM. (1/8 pace; 2,4,5,7 starts/sprints; 3/6 swim back)

Sunday Prelims

Warm-up Session 7:30AM-8:10AM. Meet starts at 8:30AM. DAYLIGHT SAVINGS

Competition Pool Assignments							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CSC	CSC	CSC	CSC	ST	ST	TS/GASC	PSST/WW
Lap Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CPSC	CPSC	SSC	SSC	JTSC	JTSC	EAT	EAT

*Sprints 8:10AM-8:25AM. (1/8 pace; 2, 4, 5, and 7 starts/sprints; 3/6 swim back)

Sunday Finals

Open Warm-up 3:30PM-4:10PM. Meet starts at 4:30PM.

*Sprints 4:10PM-4:25PM. (1/8 pace; 2,4,5,7 starts/sprints; 3/6 swim back)

The Lap Pool and Diving Well will be available throughout the meet for warm-up and warm-down. Lanes are numbered in the Lap Pool beginning with Lane 1 being next to the bulkhead. During competition Lane 1 of the Lap Pool will be closed to all activity.